



SFC is taking referrals for Psychotherapy, Substance Abuse Treatment,
Individual Skill Development and Enhancement, Wellness Management and
Recovery, Medication Management, Employment-Related Skill Training and
Individual/Family Psychoeducation. SFC is also offering GROUPS that help clients
Stay Focused on Healthy Living, Healthy Relationships, Freedom, and Career Development.



MITCH TURNER, MS, LPC, CSAC, CS-IT, is compassionate and an effective motivator. He establishes rapport quickly, builds trust, and is experienced working with a diverse population and variety of difficult life challenges. Mitch cares about you!

**DR. LINDSAY VETTER**, PsyD, provides a safe space to explore new territory in life and unpack history that may hinder progress. Trained in DBT, CBT, and Psychodynamic interventions, she takes a non-judgmental approach and is supportive of the joys and struggles through your Recovery!



## **HEALTHY LIVING**

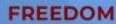
Letting Go of the Past Stress Management Sobriety Mental Health



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## HEALTHY RELATIONSHIPS

Understanding Abuse Choices & Consequences Assertiveness Respect



Thinking Traps
Prosocial Others
Problem Solving
Decision Making



## CAREER DEVELOPMENT

Skills & Interests Motivation Resume Building Interviewing Skills

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